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Menopause: A Standardized Isopropanolic Black Cohosh Extract (F **Display Settings:** Abstract**Full text links****See 1 citation found by title matching your search:**Holist Nurs Pract. 2012 Jan-Feb;26(1):58-61. doi: 10.1097/HNP.0b013e31823d1f67.**Menopause: a standardized isopropanolic black cohosh extract (remifemin) is found to be safe and effective for menopausal symptoms.**Ross SM.**Author information****Abstract**

This randomized, double-blind, placebo-controlled, multicenter clinical study investigated the efficacy and various safety aspects of a **standardized** proprietary **isopropanolic extract of black cohosh (Remifemin)** in a population of 304 postmenopausal women who met strict parameter guidelines that determined the inclusion criteria. This clinical study confirmed previous results, which clearly indicate the efficacy and tolerability of this proprietary **black cohosh extract (Remifemin)** in addressing **menopausal symptoms**, particularly hot flashes.

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