

## Clinical comparison of Remifemin in the treatment of climacteric symptoms with Tibolon

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**Objective:**To compare the efficacy and the safety of Remifemin in the treatment of climacteric complaints with Tibolon. **Methods:**According to the standards, a total of 244 patients were randomly allocated to receive either two tablets of Remifemin or one tablet of Tibolon daily for 12 weeks. This double-blind parallel clinical trial was adopted to compare the Kupperman's score, Kupperman's reaction ratio and side effect between the two groups. **Results:**There was no significant difference between two groups in Kupperman's scores and Kupperman's reaction ratio ( $P < 0.05$ ), but there was significant difference on compound frequency Kupperman's score and side effect by non-inferiority trial ( $P < 0.0001$ ). Remifemin showed less side effect compared with Tibolon ( $P < 0.001$ ). **Conclusion:**Remifemin should be effective and safe in relief of climacteric symptoms.

【Key Words】 : **climacteric symptoms Remifemin Tibolon**

【CateGory Index】 : R711.75



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